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## Public Protection Bulletin

### COVID-19 Edition 14

Dear Colleague,

We continue to receive regular updates, press releases and new web links in relation to COVID-19 and health and social care. This edition includes links to advice for unpaid carers, the experiences of young people involved with the justice system, and contact for children with their birth families during the pandemic.

I continue to receive weekly situation reports from the Public Protection Contingency Planning meetings and I also have a weekly conference call with Pat Togher, our Vice Chair who, as you know, is Assistant Chief Officer for Public Protection and Complex Needs. Our Adult and Child Protection Committees met by conference call this week and, for the foreseeable future, agreed to have more focused monthly meetings hopefully through videoconferencing. Our Chief Officer group also meets monthly thereby ensuring we have robust governance systems in place.

We are actively looking at how our sub groups might best function and, in general, our focus is switching from contingency to recovery planning. We will therefore be changing the frequency of the bulletin to fortnightly, and will incorporate items that are not COVID-19 related.

As we all know, this is an extremely fluid and high-risk situation and some of you will be receiving information from other sources so please feel free to use the bulletin as a vehicle for sharing. If you have material or resources that you would like to see included in the bulletin, please contact [Karen.Frew@glasgow.gov.uk](mailto:Karen.Frew@glasgow.gov.uk).

Many thanks to all of you working to keep our most vulnerable citizens safe.

Stay safe and healthy,  
Colin

Colin Anderson,  
Independent Chair  
Adult Support & Protection Committee/Child Protection Committee

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### [Mental Health Within the COVID-19 Pandemic](#)

The COVID-19 global pandemic is in many ways uncharted mental health territory, but history would suggest that long-term resilience will be the most common outcome, even for those most directly impacted by the outbreak. This article addresses 4 common myths about resilience and discusses ways to systematically build individual and community resiliency.

### [Taking Trauma Related Work Home](#)

This guidance document from the British Psychological Society recommends a step by step approach for organisations whose employees are at risk of vicarious trauma while working from home during the Covid-19 Pandemic.

### [COVID-19 resource and best practice hub for social care](#)

The COVID-19 directory of resources and best practice from the Social Care Institute for Excellence includes links to:

- social care related government guidance
- practice guidance and other key resources developed by the sector
- practice examples about local authorities, care homes and provider responses to COVID-19
- SCIE resources about COVID-19 including practice guidance, learning resources, webinars, blogs and insights
- curated research, policy, official guidance and practice guidance from the Social Care Online database.

### [Planning for social care beyond COVID-19](#)

The Social Care Institute for Excellence has asked senior figures in health and social care to offer their opinions on how we can take this opportunity to develop a service that is more innovative and ultimately more fit for purpose.

### [Unpaid Carers](#)

Current advice for unpaid carers relating to Covid-19 and the Glasgow City Carers Partnership Annual Report 2019-20.

### [Sports Organisation Support COVID-19 Fund](#)

The Sports Organisation Support COVID-19 fund delivers funding to those sports clubs and organisations requiring support to help them emerge from short term financial hardship and costs associated with restarting sports activities under social distancing guidelines.

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### [Children and young people's experiences of COVID-19 and the justice system](#)

Spend time with me': Children and young people's experiences of COVID-19 and the justice system' shares findings from research undertaken by CYCJ, gathering the views of children and young people with experience of the justice system on COVID-19 and associated restrictions. Youth justice practitioners were also consulted, and shared practice examples as case studies.

### [Near Me](#)

Near Me is a video consulting service that enables people to have health and social care appointments from home or wherever is convenient. Following the roll out of Near Me video consulting in care homes for older people and those for children and young people, the Care Inspectorate are now in the process of contacting care homes for adults to provide support in using it.

### [Curate and Connect](#)

The Curate and Connect project brings together special collections of Iriss resources based on topics at the forefront of the Covid-19 crisis. Each collection includes insights from a member of the social services workforce about the impact of Covid-19 and why this is an important topic right now.

### [Get Connected](#)

A report from Get Digital Scotland on the impact of a scheme to provide people experiencing homelessness with digital access and support.

### [Supporting Learning at Home - Relationships, Sexual Health and Parenthood](#)

A range of resources for parents and carers.

### [COVID-19 Phase 3: guidance on reopening early learning and childcare services](#)

Non-statutory guidance for early learning and childcare (ELC) providers in the local authority, private and third sectors to support a safe reopening of these settings during Phase 3.

### [Caring Safely At Home](#)

This video-based resource from the Social Care Institute for Excellence is designed to help people look after someone safely at home. Each section has a set of videos designed to give practical and relevant information including how to help manage certain conditions and providing everyday support.

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### [The Gender Gap in Mental Well-Being During the Covid-19 Outbreak: Evidence from the UK](#)

This paper documents the decline in mental well-being after the onset of the Covid-19 pandemic in the UK. This decline is twice as large for women as for men. The paper seeks to explain this gap by exploring gender differences in:

- family and caring responsibilities;
- financial and work situation;
- social engagement;
- health situation, and health behaviours, including exercise.

### [Free school meals extended](#)

Children eligible for free school meals will be among those who continue to be supported over the summer through a package of £27.6 million of additional funding from the Scottish Government.

### [Contact during lockdown: How are children and their birth families keeping in touch?](#)

This rapid research project was commissioned in order to try to urgently understand what means agencies were putting in place to support children to keep in touch with their birth families, and how this was working — especially for children.

### [Social work with children and families in the pandemic \(part three\)](#)

Research in Practice have published an article on how our experiences now can shape policy and practice for the future.

### [Child Neglect: Lockdown and the New Normal](#)

Professor Jan Horwath talks about the expected and unexpected forms of neglect that practitioners can expect to see during lockdown.

### [COVID-19: Physical Distancing for Disabled People](#)

Disability Equality Scotland have carried out a poll on disabled people's experiences with physical distancing.

### [Recovery, Resilience and Reconnection 2020](#)

Updated information from Glasgow City Council on recovery planning for education services and the return to school.

### [Helping children and young people understand more about what to expect when going back to school](#)

Information and support from REACH for children and young people.

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### [Safe use of medication during COVID-19](#)

This resource from the Scottish Social Services Council highlights the essential skills and good practice to prompt, assist and administer medication safely during COVID-19. It also offers support, information and links to other helpful resources.

### [Care homes and COVID-19: advice and best practice](#)

Guidance, resources and best practice advice for care homes and care staff from the Social Care Institute for Excellence.

### [COVID-19: Dementia and care homes](#)

Questions and answers for social care staff.

### [Impacts of Social Isolation Among Disadvantaged and Vulnerable Groups During Public Health Crises](#)

The Economic and Social Research Council commissioned a review to address the question: *What is known about the impacts of social isolation on disadvantaged, marginalised, and vulnerable populations in the context of pandemics and other public health crises?*

### [Rapid Review of the Impact of COVID-19 on Mental Health](#)

This rapid review from Public Health Scotland aims to summarise current evidence on COVID-19 and its impact on mental health to establish learning for Scotland.

### [COVID-19: domestic abuse and other forms of violence against women and girls](#)

This Scottish Government report presents qualitative evidence on the impact of COVID-19 restrictions on people experiencing domestic abuse and other forms of violence against women/girls (VAWD) during COVID-19 lockdown for the period 30/3/20 - 22/05/20.