COVID-19 Outbreak Bulletin Key Points

The IPC Care Assurance Team have carried out visits to care homes during recent COVID-19 outbreaks. **Key points** for learning and sharing have been identified to preventing outbreaks from occurring and escalating

Physical Distancing	Residents	Residents should maintain 2 metres distancing where possible. Measures can be put in place to support this e.g.
		Stagger mealtimes
		Reduce number of residents at each dining table if less than 2 metres Place shairs 2 metres apart in communal areas to deter residents from
		Place chairs 2 metres apart in communal areas to deter residents from sitting class together.
		sitting close together
		Remove amount of chairs or place table between chairs School and alternate activities.
	Cheff	Schedule and alternate activities Outbook to be a second at the least of alterial.
	Staff	Outbreaks between staff have been associated with lack of physical
		distancing particularly during breaks and car sharing
		All staff should maintain 2 metre physical distancing where possible
		and when not required to provide direct care
		Stagger tea breaks to reduce number of staff in area at one time Place and the 2 method agent in the fire area.
		Place seating 2 metres apart in staffrooms
		Avoid smoking together/ensure an absolute minimum of 2 metres
		apart
		Avoid car sharing to and from work. If absolutely necessary measures
		should be taken as per national guidance i.e. wear mask, sit as far
		apart as possible, open car windows
		Ensure minimal number of staff/residents in lifts as identified locally
PPE	Masks	Discard masks when going for breaks
		When face mask removed discard immediately and perform hand
		hygiene
		Ensure masks are secure when applying to avoid touching mask
Suspected/confirmed COVID-19 NHS PPE General Area General contact with COVID-19 case Aerosol Generating Procedures		If require to touch mask carry out hand hygiene immediately
	Visors	Single use - Used once on a single individual and then discarded
FOR ALL HEALTH & SOCIAL CARE SETTINGS Full Face Shind / Give Protection can be single or sessional rune* Surgical Mask can be single or sessional rune* Surgical Mask can be single or sessional rune* Surgical Mask can be single or sessional rune* Can be single or sessional rune* Cloves - single use Disposable Apron - single use Cloves - single use	Doffing	PPE should be removed adhering to national guidance to reduce the risk of
		self-contamination
		Order of removal
		• Gloves,
		• Apron,
		Eye protection (if appropriate)
		Face mask (if appropriate)
		<u>Technique</u>
		Remove gloves using 'pinch and peel' method
		Break neck ties & pull apron away turning gown inside out (touching)
		inside gown only)
		Handle eye protection by headband or earpieces
		Remove without touching front of mask – handle straps only
Cleaning and Disinfo	oction	Cleaning of the environment during outbreak should be carried out using:-
Cleaning and Disinfection Clean		o.ca o. the change and many outbreak should be carried out using.
		a combined detergent disinfection chlorine solution with concentration of
		1000 parts per million chlorine
CHLORINE		
		Lift buttons to be included in frequently touched surface cleaning

Care at Home



Personal Protective Equipment (PPE) Don and Doff Process

Preparation

Clean washable/plastic bag containing:-

- Plastic Apron
- Disposable Gloves
- Fluid Resistant Surgical Mask
- Eye/face protection if required
- Washable bag/plastic bag for placing outdoor wear if required

Donning

PPE can be donned in porch/vestibule area of home. If this is not available:-

- At door entrance apply Alcohol Based Hand Rub (ABHR) then face mask and face/eye protection (if applicable)
- Enter house and immediately inside remove outdoor wear if applicable and place in washable/plastic bag
- Apply ABHR
- Apply apron and gloves in this order and approach patient to carry out clinical task

Doffing

Following completion of task - keeping at least 2 metres away from patient/family:-

- Remove gloves, apron eye/face protection (if applicable) in this order using correct technique
- Place in household waste bin. If suspected/confirmed COVID-19, PPE should be double bagged with date and time added to bag and left for 72 hrs prior to disposal into household waste stream
- Perform hand hygiene/apply ABHR
- Put on outdoor wear and leave house ensuring physical distancing at all times
- Apply hand ABHR

Note

If unable to leave PPE/waste in the home this can be placed in a clinical waste bag and placed in car boot to be taken and disposed of in clinical waste stream on return to clinical environment.

Clinical waste bags can be kept in car in preparation for such situations.